



TORPHINS Playgroup PRE-SCHOOL

MEET THE TEAM: SARAH FRASER

**MANAGER - LEAD
PRACTITIONER**

TELL US A BIT ABOUT YOU - WHAT DID YOU DO BEFORE YOU STARTED WORKING AT PLAYGROUP?

My career working with children started when I studied Childcare and Education at Aberdeen College after leaving school. I then spent 10 years working in the Private Sector with children aged 0-5.

After joining Playgroup as a Practitioner in 2018, I picked up my studies again and completed my SVQ Level 4 which inspired me to take the next step and progress to the Manager position.

I have been leading the team at Playgroup since 2020, and have loved all of the opportunities and challenges that have come my way.

WHAT DO YOU LOVE ABOUT WORKING WITH CHILDREN?

I love how children are so inquisitive and learn from the world around them. I enjoy seeing the children develop and learning new skills everyday.

Listening to children sing, whether it's a nursery rhyme, the theme from their favourite show or songs from home, it is so lovely to listen to what they've learned.

Everyday I learn something new from being around children.



WHAT DO YOU LIKE TO DO FOR FUN WHEN YOU'RE NOT AT WORK?

I love singing and dancing. I enjoy all types of music and have music on when ever I can to unwind and have fun.

I enjoy spending time with my family and socialising with my friends

WHAT'S YOUR FAVOURITE GAME OR ACTIVITY WITH THE PLAYGROUP KIDS?

I really enjoy music and movement with the children. I love watching how each child will express themselves and how music allows each child to move and respond differently. Through music and movement, children have an opportunity to show us how they are feeling.

WHAT INSPIRES YOU?

My children inspire me. I always wanted to be a mum and I am blessed to have three beautiful children aged 8, 9 and 13.

My daughters inspire me with their patience, acceptance and kindness towards their brother who has additional support needs.

My son inspires me to never stop learning and gaining knowledge on the different ways I can help support him in the challenges he faces everyday. In my work, he inspires me to support others on a similar journey.

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