



TORPHINS Playgroup PRE-SCHOOL

MEET THE TEAM: SHARON WITHERSPOON

ASSISTANT PRACTITIONER

TELL US A BIT ABOUT YOU - WHAT DID YOU DO BEFORE YOU STARTED WORKING AT PLAYGROUP?

I have been working with children for many years in a few different settings. Teaching swimming and horseriding and coaching playball.

Most recently I was a childrens' swimming instructor in Aberdeenshire, building water confidence and supporting children to take their first steps on their swimming journey.

WHAT DO YOU LOVE ABOUT WORKING WITH CHILDREN?

Working with young children is rewarding mentally and physically. They keep you on your toes with their energy, and their innocence is so refreshing.

I learn so much from the children every day, and I feel happy knowing that I've helped them have the best day possible.



WHAT DO YOU LIKE TO DO FOR FUN WHEN YOU'RE NOT AT WORK?

My hobbies include swimming, walking, cooking and movies - my favourite movies are Ice Age (Sid the Sloth is my favourite!) Mamma Mia - I just love all the singing and dancing!

WHAT'S YOUR FAVOURITE GAME OR ACTIVITY WITH THE PLAYGROUP KIDS?

I love all aspects of sport and physical games, however I also really enjoy promoting conversation with the children - they don't hold back, you hear exactly how they feel about someone or something!

WHAT INSPIRES YOU?

Life inspires me. I love variety and always try to achieve something positive every day. It makes everything worthwhile. Life is worth living.