

# Aberdeenshire Nursery School Menus – From April 2022

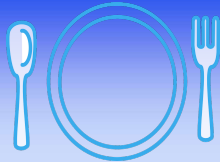
Week 1 – 9<sup>th</sup> May, 6<sup>th</sup> June, 22<sup>nd</sup> Aug 19<sup>th</sup> Sept 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>
Cucumber	Melon	Carrots	Oranges	Pineapple
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Crispy Salmon Bites Garden Peas Sweetcorn Homemade Bread  Orange Wedges served with Mandarin Cake & Milk	Homemade Margherita Pizza V Side Salad Pepper & Cucumber Sticks Penne Pasta  Raisins with Shortbread Biscuit & Milk	Crispy Crumb Turkey Steak Baked Beans Sweetcorn Potato Wedges  Apples with Cheese & Biscuits	Chicken Pie Sliced Carrots Garden Peas Mashed Potatoes  Fruits of the Forest with Vanilla Ice-Cream	Our Butchers Pork Sausages in Gravy served in a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes  Fresh Fruit of the Day
<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>
Watermelon	Pineapple	Oranges	Carrots	Melon
<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>
Lentil Soup V Cheddar Cheese in a Soft Roll V Side Salad Cucumber Sticks  Fresh Fruit	Chicken Noodle Soup Tuna Mayonnaise Sandwich Side Salad & Melon Wedge  Sliced Peaches with Natural Yoghurt	Cream of Carrot Soup V Cheese Wheels V Grated Carrots Salad  Fresh Fruit Platter	Tomato Soup V Thinly Sliced Ham in a Roll Side Salad & Pepper Sticks  Apples with Cheese & Biscuits	Melon Wedge V Thinly Sliced Chicken Sandwich Side Salad & Pineapple  Raisins with Lemon Drizzle Cake & Milk

V = Vegetarian

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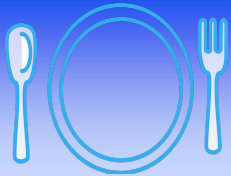


Week 2 – 18<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 29<sup>th</sup> Aug, 26<sup>th</sup> Sept 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>
Melon	Cucumber	Banana	Pineapple	Apples
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pasta Bolognaise Sweetcorn Grated Carrots  Peach Slices with Strawberry Yoghurt	Cottage Pie Baked Beans Garden Peas  Fresh Fruit of the Day	Our Butchers Pork Sausages Baked Beans Broccoli Mashed Potatoes  Apples with Cheese & Biscuits	Chicken Curry with Long Grain Rice Broccoli Florets Sweetcorn  Fresh Fruit of the Day	Baked Fish Fingers Baked Beans Side Salad Penne Pasta  Fresh Fruit with Raspberry Chocolate Brownie & Milk
<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>
Carrots	Pepper Sticks	Orange Wedges	Galia Melon	Cucumber
<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>
Tomato Soup V Tuna Mayonnaise Sandwich Side Salad & Pineapple  Raisins with Cheese & Biscuits	Lentil Soup Chicken Wrap Side Salad Margherita Pizza Finger  Carrot Cake & Milk	Minestrone Soup Cheddar Cheese Soft Roll Side Salad Grated Carrots  Fresh Fruit Salad with Natural Yoghurt	Lentil Soup Thinly Sliced Ham Sandwich Side Salad Melon Wedge  Raisins with Oatie Biscuit & Milk	Potato Soup Cheese Sandwich Side Salad Pepper Sticks  Apples with Cheese & Biscuits

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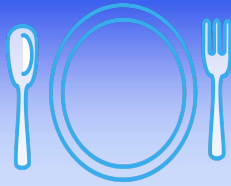
Week 3 – 25<sup>th</sup> April, 23<sup>rd</sup> May, 20<sup>th</sup> June, 5<sup>th</sup> Sept, 3<sup>rd</sup> Oct 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>
Pears	Apples	Carrots	Melon	Cucumber
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Macaroni Cheese Sliced Beetroot Garden Peas Diced Potatoes  Fresh Fruit of the Day	Singapore Noodles with Chicken Broccoli Florets Homemade Bread  Raisins with a Vanilla Cookie & Milk	Spaghetti Bolognese with Garlic Bread Broccoli Florets Grated Carrots  Melon with Cheese & Biscuits	Roast Chicken in Gravy with a Yorkshire Pudding & Mealie Sliced Carrots Garden Peas Mashed Potatoes  Fresh Fruit of the Day	Crispy Salmon Bites Side Salad Sweetcorn Potato Smiles  Bananas with Sponge Cake and Custard
<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>
Kiwi	Oranges	Cucumber	Apples	Melon
<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>
Chicken Noodle Soup Cold Platter Side Salad Pepper Sticks  Apples with Biscuits & Cheese	Tomato Soup Sliced Chicken in a Soft Roll Cucumber Sticks Side Salad  Sliced Peaches with Strawberry Yoghurt	Lentil Soup Cheddar Cheese Sandwich Side Salad & Pineapple  Fruit Salad served with Natural Yoghurt	Minestrone Soup Thinly Sliced Ham Sandwich Side Salad Melon Wedge  Raisins served with a Butterscotch Cookie & Milk	Melon Wedge Tuna Mayonnaise Wrap served with Grated Carrots Side Salad  Fresh Fruit of the Day

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# Aberdeenshire Nursery School Menus – From April 2022

Week 4 – 2<sup>nd</sup> May, 30<sup>th</sup> May, 27<sup>th</sup> June, 12<sup>th</sup> Sept, 10<sup>th</sup> Oct 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>	<b>Morning Snack</b>
Apples	Peppers	Oranges	Pineapple	Kiwi
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<p>Chicken Korma with Long Grain Rice Side Salad Sweetcorn</p> <p>Fresh Fruit of the Day</p>	<p>Chicken Goujons Side Salad Grated Carrots Potato Smiles</p> <p>Sliced Peaches and Vanilla Ice-Cream</p>	<p>Homemade Steak Pie Garden Peas Sliced Carrots Mashed Potato</p> <p>Fresh Fruit Platter</p>	<p>Baked Fish Fingers Baked Beans Garden Peas Homemade Bread</p> <p>Apples with a Shortbread Biscuit &amp; Milk</p>	<p>Turkey Meatballs in Tomato Sauce Broccoli Florets Sweetcorn Penne Pasta</p> <p>Banana with a Chocolate Cookie &amp; Milk</p>
<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>	<b>Afternoon Snack</b>
Banana	Melon	Watermelon	Apples	Banana
<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>	<b>PM Meal</b>
<p>Lentil Soup Cheddar Cheese Sandwich Side Salad Fruit &amp; Veg Bites</p> <p>Raisins with Cheese &amp; Biscuits</p>	<p>Melon Wedge Beans on Toast Cucumber Sticks Sweetcorn</p> <p>Fruits of the Forest with Natural Yoghurt</p>	<p>Tomato Soup Tuna Mayonnaise Wrap Side Salad Fruit &amp; Veg Bites</p> <p>Pineapple with Cheese &amp; Biscuits</p>	<p>Carrot &amp; Coriander Soup Thinly Sliced Chicken Sandwich Side Salad &amp; Pineapple</p> <p>Fresh Fruit of the Day</p>	<p>Leek &amp; Potato Soup Thinly Sliced Ham in a Roll Side Salad Melon Wedge</p> <p>Fresh Fruit of the Day</p>

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